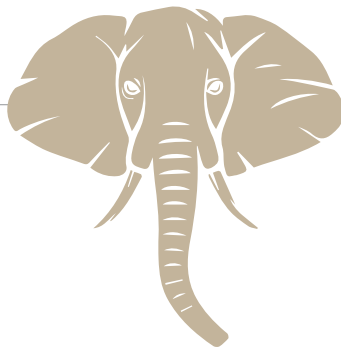




## CAMP JABULANI

THE CAMP JABULANI  
**THERAPY LAPA**

*An Extraordinary African Experience*



## BODY TREATMENTS

### **JABULANI AFRICAN WOOD MASSAGE**

**60 min - R950.00 | 90 min - R1450.00**

Mimicking the rhythmical patterns of an African dance. The massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with warm olive and shea butter ointment, will nourish and heal dry skin whilst experiencing blissful relaxation and rejuvenation.

### **JABULANI AFRICAN AWAKENING MASSAGE**

**60 min - R850.00 | 90 min - R1300.00**

Drawing inspiration from the Marula tree and the traditional healing beliefs, an ultra relaxing indulgent full body massage was created. The skilful combination of contracting and oxygenating enhancing breathing techniques, will awaken your senses and revive your body and mind. Enjoy the freedom of choosing your favourite scent from our selection of marula-herb infused Fusion oils.

### **TRI-SCENTED SHEA BUTTER NUGGET MASSAGE**

**60 min - R1000.00 | 90 min - R1500.00**

Inspired by people of Africa's use of the circular form, this unique ritual was created to encompass our connection with nature and celebrating the circle of life. Small blocks of aroma infused Shea butter are placed on different parts of your body which will aid circulation, relax and clear areas of congestion.

Experience the soothing warmth as the butter melts under your therapist's hands, leaving you utterly relaxed and your skin nourished and hydrated.

### **SEBAKWE TENSION RELEASER MASSAGE**

**60 min - R950.00 | 90 min - R1450.00**

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout. Combined with specially blended massage oils, this treatment is formulated to encourage relief from muscular tension.

### **BACK & NECK MASSAGE**

**30 min - R500.00**

Focusing primarily on the back, shoulders and neck area, this mini-massage will help begin to relieve tension, stress and aching muscles. Can be combined with a facial treatment.

### **AROMA STONE BACK MASSAGE**

**30 min - R600.00**

Firm massage techniques on the back, using the warmth of volcanic stones that works deep into the belly of the muscle.

## ZINDOGA AROMA STONE THERAPY

60 min - R1000.00 | 90 min - R1500.00

Harnessing the properties of the stones, we bathe them in warm water, anoint them with the spicy, sensual aromas of the Orient, and place them on key energy points of the body to harmonize the spirit. Then in a firm rhythmic massage sequence, which mimics the strong but steady stream of flowing water, the stones give up their power and warmth to tired and tense muscles, promoting inner peace and tranquility. A treatment, which excites every sense and provides a unique aromatic journey for the soul.

## INDIAN HEAD MASSAGE

30 min - R500.00

Relaxing head and shoulder massage. Enjoy the relaxing session that helps improve neck strain. Believed to promote creativity and relaxation.

## NATURAL BODY WRAPS

### AFRICAN BODY MUD

60 min - R850.00

A creamy textured mineral-rich mud contains deep cleansing Kaolin to purify toxins from the skin. Whilst being blissfully cocooned, Vetiver will create warmth to release muscle aches and promote a healthy immune system.

### HYDRATING ALOE FEROX GEL WRAP

60 min - R850.00

An intensely hydrating Rooibos embalmment therapy that soothes and calms the skin. The miraculous curative abilities of Aloe Ferox leaf extract will cool sunburn and heal skin irritations.

## BODY EXFOLIATION

### AFRICAN BODY SCRUB

30 min - R600.00

A cleansing preparatory body scrub made with a natural blend of plant botanicals to effectively eliminate dead skin cells, moisturize and leave the skin soft to the touch. The inspiring scent will remind you of the freshness after the rains.

## SKINCARE TREATMENTS

### TheraVine

*"Where science meets beauty"*

#### **TIMISA APPETIZER FACIAL**

**30 min - R550.00**

Great treatment to combine with other treatments such as body wraps.  
All skin types and all ages.

#### **PISA'S CLEANSING AND PURIFYING FACIAL**

**60 min - R900.00**

The ideal start for purifying the skin, activating its metabolism and enabling the skin to benefit from deeper treatment.

#### **KUMBURA'S ANTI-AGING FACIAL**

**60 min - R950.00**

Nourishing the skin, this facial helps delay skin aging. Provides long-lasting hydration, smooths fine lines and wrinkles, and softens the complexion for a balanced tone. Mature skin, Dry to very dry skin

#### **MAMBO'S TIME TO HYDRATE FACIAL**

**60 min - R950.00**

Achieving a balanced level of consistent moisture is essential for maintaining healthy skin. This facial will hydrate and balance the complexion. It locks in moisture for a supple feel and fresh look. Ages 20 and up, Dehydrated skin, all skin types.

## HANDS & FEET

*Hot paraffin treatments have been used for years by doctors and physical therapists to soothe the pain of arthritis, tendonitis and swollen feet. Paraffin is a petroleum by-product of wax that has excellent heat retention properties. The paraffin coating causes an increase in blood circulation and the opening of skin pores. As a result, perspiration is generated acting as a mini-sauna and moisturizers are absorbed more effectively into the skin. Skin that was once dry and rough results in a soft, fresh healthy appearance. This soothing, luxurious treatment acts as a conditioning cosmetic treatment for hands and feet.*

#### **TOKWE HYDRATING MANICURE**

**60 min - R550.00**

This luxurious manicure incorporates all the essentials that include a hot paraffin wax treatment along with a smoothing exfoliation and intensive moisture treatment. Sit back and relax as your hands are given the attention they deserve. Cuticles are treated, nails are shaped and all tension is massaged out of your hands.

## LUNDI BAMBOO NOURISHING PEDICURE

60 min - R700.00

This luxurious treatment pampers and restores those hard working feet. This service incorporates all the essentials of our basic pedicure – toenails are shaped, feet are exfoliated, massaged and also includes a hot paraffin wax treatment, and a hydrating heel therapy.

## FISHAN RE-ENERGIZE HAND & FOOT TREATMENT

60 min - R600.00

This hand & foot treatment includes exfoliation, and nail and cuticle grooming. As a final touch, your hands & feet are massaged and nails are left free from colour.

## CAMP JABULANI PRODUCTS

### THERANAKA

With an abundance of exotic scents and herbs well-reputed healing properties, Africa provides the ultimate sensory load of natural beauty as well as complete relaxation and rejuvenation.

### THERAVINE

The fact that TheraVine fuses the super anti-oxidants derived from grape cultivars with cutting edge active ingredients at highest percentages makes this range a world leader in the skincare industry.

## THERAPY LAPA HOURS

Unless by prior arrangement with management, operating hours are from 9am until 4pm, with the last treatment booked at 3pm.

*"Experiencing the power of natural wellness"*

